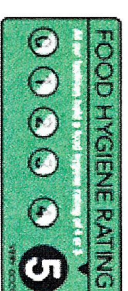


## About your children's School Meals

We are Nottingham Catering Eat Culture - Education, the caterer at your school and the largest provider in Nottingham.



### Healthy Eating

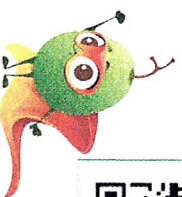
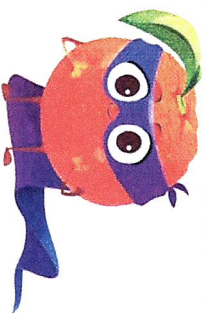
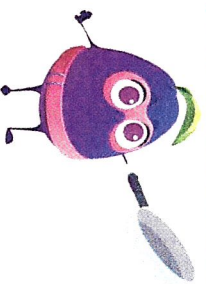
We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

### Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits, you may be entitled to continue having Free School Meals. Check your eligibility and apply at

[www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)



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### Our Food

Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious, balanced, and also low in fat and sugar

### Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us. To register a special diet form please complete at the below.

<https://forms.office.com/e/NEYJUZbEzZ?origin=fpdLink>



Nottingham Catering  
Eat Culture - Education

# LUNCHTIME

Greenfields

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.

**Tuck In Monday**

Hot Dog or Veggie Hot Dog

**Pizza Tuesday**

Meat Feast Pizza or Cheese and Tomato Pizza

**Roasty Toasty Feast Wednesday**

Roast Turkey with Gravy or Quorn Roast with Gravy  
Served with Cloudy Mash Mountains & Yorkshire Pudding

**Around the World Thursday**

Beef Spaghetti Bolognaise or Magic Macaroni Cheese  
Served with Baguette Slice

**Fish Friday**

Fish Fingers or Fishless Fingers  
Served with Crispy Oven Chips & Tomato Sauce

**Main**

**Seasonal Veg/Salad**

Baked Beans or Crispy Fresh salad

Crunchy Carrot & Cucumber Batons or Crispy Fresh Salad

Crunchy Carrots/ Broccoli Trees

Crunchy Carrots or Crispy Fresh Salad

Power Peas or Crispy Fresh Salad

**Something Different**

Jacket Potato with choice of filling (Cheese /Tuna)

Pasta served with Baguette Slice & Crispy Fresh Salad

Cheese & Tomato Panini served with Crispy Fresh Salad

Jacket Potato with choice of filling (Cheese/Tuna)

Ham or Cheese Sandwich served with Crispy Fresh Salad

**Dessert**

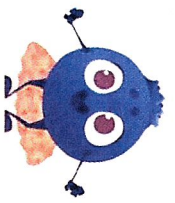
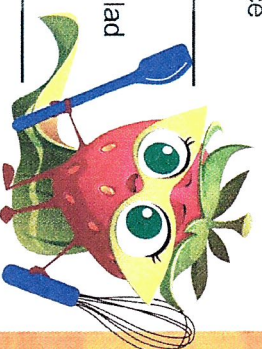
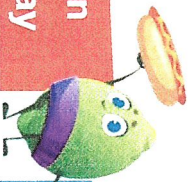
Jelly & Fruit or Fresh Fruit Salad

Jam Drop Biscuit with Milk Or Fresh Fruit Salad

Apple Muffin or Fresh Fruit Salad

Chocolate Crispy Cakes Or Fresh Fruit Salad

Marble Cake & Custard Or Fresh Fruit Salad



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**Nottingham Catering**  
Ed/ Culture - Education

Week: 2 Date: 8<sup>th</sup> Sept, 29<sup>th</sup> Sept, 3<sup>rd</sup> Nov,  
24<sup>th</sup> Nov, 15<sup>th</sup> Dec, 19<sup>th</sup> Jan, 9<sup>th</sup> Feb

# LUNCHTIME

Greenfields

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.



**Tuck In Monday**

Beef Burger  
or Veggie Burger



**Pizza Tuesday**

BBQ Chicken Pizza  
or Cheese &  
Tomato Pizza

**Roasty Foasty Feast Wednesday**

Roast Pork with Gravy  
or Quorn Roast with  
Gravy

**Around the World Thursday**

Chicken Curry  
Served with  
Flatbread & Rice

**Fish Friday**

Salmon Fish  
Fingers  
or Fishless Fingers



Served with Cloudy  
Mash Mountains  
Yorkshire Pudding

Veggie Mexican Fiesta  
Wraps Served with  
Rice

Served with  
Crispy Oven Chips  
& Tomato Sauce

## Seasonal Veg/Salad

Baked Beans  
or Crispy Fresh  
Salad

Carrot & Cucumber  
Batons or Crispy Fresh  
Salad

Crunchy Carrots  
/ Broccoli Trees

Sunshine Sweetcorn  
or Crispy Fresh  
Salad

Power Peas or  
Crispy Fresh Salad

Jacket Potato with  
choice of filling  
(Cheese/Tuna )

Mascarpone Pasta  
Served with Baguette  
Sliced & Crispy Fresh  
Salad

Cheese & Tomato  
Panini Served with  
Crispy Fresh Salad

Jacket Potato with  
choice of filling  
(Cheese/Tuna)

Ham or Cheese  
Sandwich served with  
Crispy Fresh Salad

## Something Different

### Dessert

Oaty Cookies  
or Fresh Fruit  
Salad

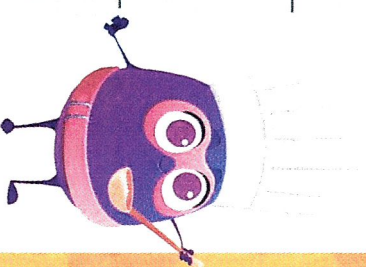
Cornflake Tart  
& Custard  
or Fresh Fruit  
Salad



Chocolate Shortbread  
or Fresh Fruit Salad

Iced Mandarin  
Sponge & Milk  
or Fresh Fruit  
Salad

Iced Carrot &  
Pineapple Muffin with  
Milk  
or Fresh Fruit Salad



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Soil Association



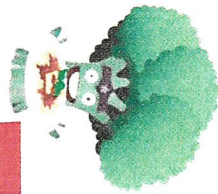
**Nottingham Catering**  
Zai/Culture - Education

Week: 3 Date: 15<sup>th</sup> Sept, 6<sup>th</sup> Oct, 10<sup>th</sup> Nov,  
1<sup>st</sup> Dec, 5<sup>th</sup> Jan, 26<sup>th</sup> Jan

# LUNCHTIME

Greenfields

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.



## Tuck In Monday

Homemade  
Pork Sausage  
Roll or Cheese  
Snack

Served with Cloudy  
Mash Mountains

## Pizza Tuesday

Ham Pizza or  
Cheese & Tomato  
Pizza

Served with Potato  
Wedges

## Roasty Toasty Feast Wednesday

Roast Chicken with  
Gravy or Veggie  
Sausage with Gravy

Served with Cloudy  
Mash Mountains  
Yorkshire Pudding

## Around the World Thursday

BBQ Chicken or  
BBQ Quorn

Served with  
Flatbread & Rice

## Fish Friday

Breaded  
Fish Portion  
or Fishless Fingers

Served with  
Crispy Oven Chips  
& Tomato Sauce

## Seasonal Veg/Salad

Baked Beans or  
Crispy Fresh  
Salad

Carrot & Cucumber  
Batons or Crispy Fresh  
Salad

Crunchy Carrots  
/ Broccoli Trees

Sunshine Sweetcorn  
or Crispy Fresh  
Salad

Power Peas or  
Fresh Salad



## Something Different

Tomato & Basil  
Pasta Served  
Baguette Slice

Jacket Potato  
with choice of filling  
(Cheese/Tuna) with  
Salad

Cheese & Tomato  
Panini Served With  
Crispy Fresh Salad

Pizza Pasta Served  
with Baguette & Crispy  
Fresh Salad

Ham or Cheese  
Sandwich Served  
with Crispy Fresh  
Salad

## Dessert

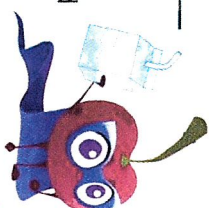
Flapjack &  
Raisins  
or Fresh Fruit  
Salad

Ice Cream &  
Fruit  
or Fresh Fruit  
Salad

Chocolate & Orange  
Cookie  
or Fresh Fruit Salad

Bakewell Muffin  
& Milk  
or Fresh Fruit  
Salad

Chocolate Fudge  
Pudding & Custard  
or Fresh Fruit Salad



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